



ثُمَّ لَنَسْأَلَنَّ يَوْمَئِذٍ عَنِ النَّعِيمِ - (الكاث: ٨)

Then on that day you shall most certainly be questioned about the bounties.
(Surah Takathur 102:8)

01 JULY 2016
FRIDAY

٢٥ ماه رمضان
١٤٣٧

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority				
----------	--	--	--	--

فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
4:46	6:06	12:45	7:18	7:30

TOTAL
COMPARE



Self-awareness (after six months)

If you use this diary everyday for self-accounting, then in the light of verses and traditions mentioned below, you are given a chance to evaluate yourself after six months; and if so far, you were unable to adopt the habit of self-accounting, this 'Self-awareness' is all the more important for you. Mark the correct blanks with 'X' mark for the following answers and cross the stage of self-awareness, so that from the day you started using the diary till date, you may become aware of the changes that have come to you in the last six months.

		Certainly	To some extent	Perhaeps not	Not at all
21	I am aware of the aim of my life. "And best of all is Allah's goodly pleasure." (Taubah: 72)				
32	I have planned for achieving this aim. "Success is achieved through planning and steadfastness." (<i>Biharul Anwar</i> , Vol. 74, Pg. 166)				
43	I have recognized my self. "One, who has recognized his self, has recognized God." (<i>Misbahush Shariah</i> , Pg. 13)				
54	I perform self-accounting every day. "One, who does not perform self-accounting, is not from us." (<i>Al-Kafi</i> , 2/453)				



65	I have the cognition of the Imam of my time. (<i>W. Shia</i> , 16/246)				
76	Service to Imam Zamana (a.s.) is the foremost aim of my life. "You must believe in him, and you must aid him." (Surah Aale Imran 3:81)				
87	I have begun my journey to the Lord through sincere repentance. <i>"and turn to Allah all of you, O believers!" (Surah Nur 24:31)</i>				
98	Be prepared for death at all times. "then invoke death If you are truthful." (Surah Jumua 62:6)				
99	I have written a comprehensive will about my affairs of the world and the hereafter. "One, dies after making a will, dies a martyr; and one, who dies without leaving a will, dies the death of Ignorance." (<i>Mustadrak</i> , 2/117)				



Lofty rank of sincere awaiting

If we suppose that reappearance of Imam (a.s.) is to take place the day after tomorrow: its first and necessary conclusion would be that we would remain enraptured in remembrance of Imam (a.s.) and won't be forgetful of him at any moment and all the time, would be busy in his arrival. A true awaiter really cannot be negligent of his remembrance and awaiting and this cannot be created among believers artificially. On the contrary, recognition of Imam (a.s.), love and awaiting can convey him to that rank. How nice it would be if we explain this in the words of the true awaiter, Sayyid Muhammad Taqi Isfahani. He says:

Perfect and sincere awaiting is achieved after the heart of a believer, in any condition, at any time and at any place is not without remembrance of Imam (a.s.) and his advent. On the contrary, if he is present in gatherings and engrossed in conversation, even then his heart is before the presence of Imam (a.s.) and sentiment of meeting should be raging in his heart. For example, a person has only one son, who is embellished with all perfections and all benefits and profits are related to that son. What if this son has gone on a journey and the father has no news about him? Would that father forget his son at any moment? Never! On the contrary, night and day, in all circumstances, thoughts of the son would occupy his mind. As the poet says:

“O one, who went out of my sight, so occupied you are in my heart, that when you move your lips, your voice reaches my ears.”

In the same way, when sincere awaiting reaches the rank of perfection, its apparent effects also reach to perfection.



TOTAL

قال الامام الصادق عليه السلام: فَحَاسِبُوا أَنْفُسَكُمْ قَبْلَ أَنْ تُحَاسَبُوا.

02 JULY 2016
SATURDAY

٢٦ ماه رمضان
سنه ١٤٣٧

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority		
----------	--	--



مغربين	غروب آفتاب	ظہرين	طلوع آفتاب	فجر
7:30	7:18	12:45	6:07	4:47



TOTAL

Imam Ja'far Sadiq (a.s.) said:
Take self-account of your selves, before your account is taken.
(Mizanul Hikmat, Tradition 3839)

03 JULY 2016
SUNDAY

۲۷ ماه رمضان
 اتوار

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:47	6:07	12:46	7:18	7:30



TOTAL

قال رسول الله ﷺ: حَاسِبُوا أَنْفُسَكُمْ قَبْلَ أَنْ تُحَاسَبُوا. وَمَهِّدُوا لَهَا
قَبْلَ أَنْ تُعَذَّبُوا. وَتَزَوَّدُوا لِلرَّحِيلِ قَبْلَ أَنْ تُزْعَجُوا.

04 JULY 2016
MONDAY

٢٨ ماه رمضان
١٤٣٧ هـ

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					٤٣
----------	--	--	--	--	----

مغربين	غروب آفتاب	ظہرين	طلوع آفتاب	فجر
7:30	7:18	12:46	6:07	4:47



TOTAL

The Messenger of Allah (s.a.w.s.) said: Take account for your selves before your account is taken. Prepare your selves for (good) deeds, before getting chastised and obtain provisions before commencement of the journey.
(Mizanul Hikmat, Tradition 3840)

05 JULY 2016
TUESDAY

۲۹ ماه رمضان
منگل

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:48	6:08	12:46	7:18	7:30



TOTAL

قال رسول الله: يَا أَبَا ذَرٍّ! حَاسِبْ نَفْسَكَ قَبْلَ أَنْ تُحَاسِبَ فَهُوَ أَهْوَنُ لِحَسَابِكَ غَدًا.

06 JULY 2016
WEDNESDAY

٣٠ ماه رمضان
١٤٣٧ هـ

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					٤٤
----------	--	--	--	--	----

مغربين	غروب آفتاب	ظہرين	طلوع آفتاب	فجر
7:30	7:18	12:46	6:08	4:48



TOTAL

The Messenger of Allah (s.a.w.s.) said: O Abu Zar, take self-account of your self, before its account is taken; as this will create ease in your accounting. (Mizanul Hikmat, Tradition 3841)

07 JULY 2016
THURSDAY

ماه شوال
جمعات

Eidul Fitr

05:00

we present felicitations to Imam Zamana (a.s.).

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:48	6:08	12:46	7:18	7:30





Epistle (*Tawqee*) of Imam Zamana (a.s.)

Below we present extracts of some letters of Imam Mahdi (a.s.) which show that he (a.s.) used to maintain contacts with his Shia. He (a.s.) was aware of their conditions and cognizant of their circumstances.

Extracts from some of them are mentioned below:

(1) It is narrated from Ishaq that an epistle was issued along with the letter of Imam Zamana (a.s.):

“...We only accept monies sent by you so that you may be purified. Now, whoever likes, should send it, whoever likes may not. The provision that Almighty Allah has bestowed is better than whatever you send us...As for the money that you sent for me, it is not acceptable, except that which is pure. Each of my forefathers in his time was compelled by oath of allegiance to the tyrant ruler and when I reappear, I would not be having allegiance of any tyrant on my neck...Therefore don't ask what you are not in need of and don't put yourself into undue trouble...And pray more for an early reappearance as in it lies your success.”¹

¹ Kamaluddin, Vol. 2, Pg. 163.



Appeal of Holy Prophet (s.a.w.s.) and neglect of Holy Quran

Quran, which is the best of discourse, whose stories are best of stories; which is criterion of faith and if something is opposed to it, it should be thrown upon the wall. It is an embodiment of cure and mercy, reciting whose verses would enhance ranks in Paradise according to the saying: Read and enhance your ranks in Paradise.¹

It was the practice of Holy Prophet (s.a.w.s.) to accord precedence to reciters of Quran over ordinary people. In view of His Eminence, the criterion was attachment to Quran. In one battle, he took the standard from a man and gave to another, because he was knowing the Quran more. In the Battle of Uhad also, he (s.a.w.s.) first recited funeral prayer of those, who recited the Quran more.

It is noteworthy that the great Prophet (s.a.w.s.), the infallibility of whose organs is testified, whose tongue is infallible:

﴿وَيَا نَطِقُ عَنِ الْهَوَىٰ﴾

“Nor does he speak out of desire.” (Surah Najm 53:3)

Whose heart is infallible:

﴿مَكَانِبَ الْأَفْئِدَةِ مَرَأَىٰ﴾

“The heart was not untrue in (making him see) what he saw.”
(Surah Najm 53:11)

Whose eyes are infallible:

﴿وَمَا غَاغِبَ بَصَرُ﴾

“The eye did not turn aside...” (Surah Najm 53:17)

And by whose holy being and by the blessings of his Ahle Bayt (a.s.) the heavens and earth are stable.

¹ Wasailush Shia, Vol. 6, Pg. 224



“And on account of whose existence, the earth and sky are kept in firmness.”

And through whose mediation, the creatures get sustenance:

“On account of whose blessing, the created beings are provided sustenance.”¹

Whose progeny sacrificed their lives, property and honor on the path of God and religion. Through whose martyrdom Messenger of Allah (s.a.w.s.) was oppressed, but on Judgment Day the complain of Prophet before the Lord of universe, would not be victimization and loneliness of Holy Imams (a.s.); on the contrary, it would be abandonment of Quran. His complain would be about forsaking of Quran.

Messenger of Allah (s.a.w.s.) has informed about their martyrdom and victimization as well, but on Judgment Day, his complain would be about forsaking of Quran.

All of us have to bid farewell to this world. Do we not need an intercessor? If it is there, in the words of Maula Ali (a.s.), Quran is the intercessor of the interceded. If we hold firmly to Quran as is commanded:

خُذُوا كِتَابَ بِقُوَّةٍ

“Take hold of the Book with strength...” (Surah Maryam 19:12)

And if in one hand is the skirt of Ahle Bayt (a.s.) and in the other is Holy Quran, we would, if Allah wills, escape the plea of Messenger of Allah (s.a.w.s.). We are attached to the household, whose slave girl, Lady Fizza only conversed through Quran for twenty years. We should not enter the court of Almighty Allah empty handed and that whose intercession we hope, they themselves file a case against us neglecting Quran. May Allah, Mighty High, bestow upon us the good sense (*Taufeeq*) to be attentive in this temporal world towards the permanent abode of hereafter.

¹ Dua Adeela.



TOTAL

قال رسول الله: وَرِّنْ نَفْسَكَ قَبْلَ أَنْ تَوَزْنَ، تَجْهَزْ لِلْعَرْضِ الْأَكْبَرِ.

09 JULY 2016
SATURDAY

۳۰ ماہ سوال
سینچر

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority		
----------	--	--



فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
4:49	6:09	12:47	7:18	7:30



TOTAL

The Messenger of Allah (s.a.w.s.) said: Weigh your self, before it is weighed and be prepared for that important appearance (in the court of Allah), when everyone would have to present themselves. (Mizanul Hikmat, Tradition 3841)

10 JULY 2016
SUNDAY

ماہ شوال
اتوار

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:49	6:09	12:47	7:18	7:30



TOTAL

قال الامام الصادق عليه السلام: إِذَا أُوتِيَ إِلَى فِرَاشِكَ فَأَنْظُرْ مَا سَلَكْتَ فِي بَطْنِكَ وَمَا كَسَبْتَ فِي يَوْمِكَ وَادْكُرْ إِنَّكَ مَيِّتٌ وَإِنَّ لَكَ مَعَادًا.

11 JULY 2016
MONDAY

٥٠ ماه سوال
پیر

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					
----------	--	--	--	--	--



فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
4:50	6:10	12:47	7:18	7:30



TOTAL

Imam Ja'far Sadiq (a.s.) said:

When you retire to you bed, you should consider what you have put in your stomach and what you earned this day; then also remember that you have to die (one day) and there is hereafter for you. (Mizanul Hikmat, Tradition 3844)

12 JULY 2016
TUESDAY

ماہ سوال
منگل

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:50	6:10	12:47	7:18	7:30



TOTAL

قال رسول الله صلى الله عليه وآله وسلم: لَا يَكُونُ الْعَبْدُ مُؤْمِنًا حَتَّى يُحَاسِبَ نَفْسَهُ
أَشَدَّ مِنْ مُحَاسَبَةِ الشَّرِّ يَكُ شَرِّكَهُ وَالسَّيِّدِ عَبْدَهُ.

13 JULY 2016
WEDNESDAY

ماه سوال
بده

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority	فجر	طلوع آفتاب	ظهرين	غروب آفتاب	مغربين
	4:50	6:10	12:47	7:18	7:30



TOTAL

The Messenger of Allah (s.a.w.s.) said: No one can be a true believer till he does not perform such a strict self-accounting; like a partner takes the account from his counterpart, or a master takes account of his slave; on the contrary more severe than this. (Mizanul Hikmat, Tradition 3846)

14 JULY 2016
THURSDAY

ماه شوال
جمعات

**We present condolence to the sacred court of last Proof (Hujjat),
of Allah, His Eminence, Imam Mahdi (a.s.). On the anniversary
of the terrible destruction of Jannatul Baqi tombs**

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					
	فجر	طلوع آفتاب	ظهرین	غروب آفتاب	مغربین
	4:51	6:11	12:47	7:18	7:30



قال علي عليه السلام: ثَمَرَةُ الْمَحَاسِبَةِ صَلَاحُ النَّفْسِ.

Imam Ali (a.s.) said: **The fruit of self-accounting is reformation of the self.**
(Mizanul Hikmat, Tradition 3851)

15 JULY 2016
FRIDAY

٩ ماه شوال
١٤٣٧ هـ

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

TOTAL
COMPARE

Priority					
----------	--	--	--	--	--

فجر	طلوع آفتاب	ظهريين	غروب آفتاب	مغربيين
4:51	6:11	12:47	7:18	7:30



Justice under the attack of tyranny

Indeed, people living during the period of occultation must be having faith in Imam Mahdi (a.s.) and awaiting for his reappearance. They would be better than the people of all times, because Almighty Allah would have bestowed them with such reason, perception and cognition that occultation of Imam would be like his presence.¹

When we look around ourselves, we see injustice all around, whether social values or economic or political. Despite this injustice, followers of every religion; in other words, every group of society is in anticipation of a savior.

It is amazing that as much darkness there is, hope for light does not diminish. On the contrary, it continues to increase. Followers of School of Ahle Bayt (a.s.) also, during this period of injustice and oppression, repose hope in reappearance of Imam (a.s.), because it is the statement of infallibles (a.s.) that Imam Zamana (a.s.) would reappear when the world would be fraught with injustice and oppression. He would fill it up in the same way with justice and equity. But the question is today in the society, when injustice is apparent everywhere, why Imam (a.s.) does not reappear? What is the obstacle even in such harsh circumstances? We find the reply to this question in numerous places in history. Whether it is the incident of Harun Makki or the tradition of 313 companions. History has time again, made us aware of the qualities of those, on whom Imam (a.s.) relies. Companions of Imam (a.s.) would be most special. After repeated negligence of Ummah, the Divine Proof has been kept away till that time, till every claimant of helping Divine Proof has obedience of Salman Muhammadi, who bears truthfulness of Abu Zar, has loyalty of Malik Ashtar and devotion of Habib Ibne Mazahir. Till we don't find Ammar Yasir and Mitham Tammar in our ranks, we would remain deprived of the company of Divine Proof.

What is needed is that every believer individually and in the collective sense should have all positive qualities. We should prepare ourselves so that Imam (a.s.) reappears at the soonest, we realize the greatest bounty of Almighty Allah and enjoy company of Divine Proof. Amen.

¹ Biharul Anwar, Vol. 52, Pg. 123.



Quran

The Holy Quran is miracle from different aspects, one of them being its clarity, eloquence and comprehensiveness. Everything is present in Quran and nothing is left out. The most important thing is that we should understand Quran and ponder upon it to understand its subtleties. Because, in Quran, Almighty Allah repeatedly invites man to contemplate and ponder. But such contemplation should be within limits set in traditions and traditional reports, otherwise it is possible that instead, a person would continue to apply his view on Quran and interpret it according to his opinion and as a result make his abode in Hell. Messenger of Allah (s.a.w.s.) said:

“Almighty Allah said: Has not believed in Me, one, who interprets My discourse according to his view.”¹

According to tradition of two heavy things (*Hadith Thaqlayn*) attachment to both saves one from deviation. Abandoning any one of them: that is taking interpretation of Quran instead of Ahle Bayt (a.s.) does not bring salvation to man.

It's a pity that Quran, whose abode should have been living hearts, is restricted only to bodies and corpses; and that Quran, which invites contemplation, is only recited to make unconscious patients conscious and only for the dead. That, which was cure of spiritual maladies, only its apparent is being used. We should illuminate our hearts and inhabit our houses with Quran.

Quran is cure for spiritual maladies; it is guidance from deviation; a mercy for believers; covenant of God and an exhortation and advice. Quran is that advisor, which never cheats; it is a guide, who never misguides; it is a speaker, who

¹ *Mustadrakul Wasail*, Vol. 17, Pg. 327.



never lies; no one can be needless of Quran. Quran is going to cure the greatest disease of disbelief and hypocrisy.

Imam Muhammad Baqir (a.s.) says:

“Three kinds of people recite the Quran: one, who recites the Quran and makes it a means for earning livelihood, who makes rulers attentive to himself and poses piety. Second, who recites Quran and remembers its letters, but trespasses on its limits and laws. Third is one, who recites Quran and cures himself spiritually. He deems it as cure of his malady. He remains hungry and thirsty during day and worships God at night. Through such people, Almighty Allah saves people from mischief of enemies and sends down rain. By God, such readers of Quran are very few and they are rarer than crimson rubies.”

May Almighty Allah include us among this third group. Amen.



TOTAL

قال الامام علي عليه السلام: مَنْ حَاسَبَ نَفْسَهُ عَلَى الْعُيُوبِ وَقَفَّ عَلَى عُيُوبِهِ وَاحَاطَ بِذُنُوبِهِ وَاسْتَقَالَ الذُّنُوبَ وَأَصْلَحَ الْعُيُوبَ.

16 JULY 2016
SATURDAY

ماه سوال
اسنچر

Commencement of the Greater Occultation (Ghaibat Kubra)

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority		
----------	--	--



مغربین	غروب آفتاب	ظہرین	طلوع آفتاب	فجر
7:30	7:18	12:48	6:11	4:51



TOTAL

Imam Ali (a.s.) said: One, who has taken account of his self, has become aware of his defects; he has encircled his sins, became aloof from his sins and corrected his defects. (Mizanul Hikmat, Tradition 3850)

17 JULY 2016
SUNDAY

ماه شوال
اواخر

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظهرین	غروب آفتاب	مغربین
	4:52	6:12	12:48	7:18	7:30



TOTAL

قال على عليه السلام: مَنْ تَعَاهَدَ نَفْسَهُ بِالْمُحَاسَبَةِ أَمِنَ فِيهَا الْمُدَاهَنَةَ.

18 JULY 2016
MONDAY

٢١ ماه شوال
١٤٣٨

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority		
----------	--	--



مغربيين	غروب آفتاب	ظهريين	طلوع آفتاب	فجر
7:30	7:18	12:48	6:12	4:52



TOTAL

Imam Ali (a.s.) said:

One, who is regular in self-accounting would remain secure from hypocrisy. (Mizanul Hikmat, Tradition 3849)

19 JULY 2016
TUESDAY

۱۳ ماه شوال
منگل

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:52	6:12	12:48	7:17	7:29



TOTAL

قال رسول الله ﷺ:

إِنَّا هَذَا الْأَمْرَ لَا يَنْقُضِي حَتَّى يَمُتَ فِيهِمْ اثْنَا عَشَرَ خَلِيفَةً.

20 JULY 2016
WEDNESDAY١٣ ماه شوال
١٤٣٨ هـ

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority		
----------	--	--



مغربین	غروب آفتاب	ظہرین	طلوع آفتاب	فجر
7:29	7:17	12:48	6:13	4:53



TOTAL

The Messenger of Allah (s.a.w.s.) said:

This matter (religion) shall not end until twelve caliphs pass through it...
(Mizanul Hikmat, Tradition 943; Kashful Ghumma, Vol. 1)

21 JULY 2016
THURSDAY

۱۵ ماه شوال
۱۵ جماعات

On the sad occasion of martyrdom of His Eminence, Imam Ja'far Sadiq (a.s.), with tearful eyes and sorrowful heart, we present condolence to the court of His Eminence, Hujjat Ibnul Hasan al-Askari (a.s.).

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
فجر	طلوع آفتاب	ظهرين	غروب آفتاب	مغربين	
4:53	6:13	12:48	7:17	7:29	



قال على عليه السلام: مَنْ حَاسَبَ نَفْسَهُ سَعِدَ.

Imam Ali (a.s.) said: One, who takes account of his self,
becomes successful and fortunate. (Mizanul Hikmat, Tradition 3854)

22 JULY 2016
FRIDAY

١٦ ماه شوال
١٤٣٧ هـ

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

TOTAL
COMPARE

Priority					
----------	--	--	--	--	--

مغربین	غروب آفتاب	ظہرین	طلوع آفتاب	فجر
7:29	7:17	12:48	6:14	4:54



I am a Shia of Imam (a.s.)?

If we look around, we would find many, who add a title to their names. Some use the title of engineer, some doctor and some mention their degrees: like LLB, PhD etc. Effort to gain right to used this title begins when a person enrolls in first class in school. During first twelve years, every year he has to study at least ten books only to have the right to undertake higher studies. That is after around twelve years and after 120 books, a persons gets permission to gain specialized teachings about engineering or medicine. After 4-5-6-8 or more years of higher studies, a person becomes eligible to add engineer or doctor to his name.

Glancing at the society, many people are seen, who claim to be Shia. Seeing the majority of these people, common people cannot understand why reappearance of Imam does not occur? The question is that to use the title of Shia along with ones name, how many books have we studied and how much effort have we invested? If in order to achieve the lowest title in the world, a man has to study 150 to 200 books; then how much effort does it require to earn the title of Shia of Ali (a.s.)? Has he even studied one book of *Nahjul Balagha*, which comprises of statements of Maula Ali (a.s.)? Or has become cognizant of teachings of *Sahifa Sajjadiya*; or tried to read and understand Quran during his complete life?

A person said to Imam Hasan (a.s.): “I am from your Shias.” Imam (a.s.) said: “If follow our commands and prohibitions, you and your claim are true. If not, you mustn’t make false claims and add to your sins. And don’t say that you are from our Shia. Say you are from our supporters (*Mawaali*), followers and from haters of our enemies. This would be better for you and you would have good end.”



So, Imam (a.s.) restricted being a Shia in recognition, obedience and submission; and deemed other claimants as liars and sinners. What is needed is that we should illuminate our hearts with recognition of Ahle Bayt (a.s.) and create such a real love, which becomes apparent in obedience and submission. May God give us the good sense (*Taufeeq*) to become the true Shia of Imam Zamana (a.s.). Amen.

Exercise

Most of us claim to be awaiters of reappearance of Imam Zamana (a.s.), but perhaps we have no feeling that awaiting means preparation for advent of Imam. That is confronting enemies of Islam under standard of Imam; for which it is necessary for awaiters of Imam to be physically fit. If in the present age, we survey the conditions of awaiters of Imam (a.s.) with reference to health, we will not see true awaiters of Imam (a.s.) anywhere, except few. Come, let us survey these conditions.

From primary to high school, we have continued to study the subject of Morning walk. It was a nice period, when the drill master, called PTI, was in charge of physical exercises. One period of every class was fixed for exercise and sometimes the PTI made the whole class run in the ground and sometimes, the children were allowed to play games like hockey, cricket and football and in this way from college to university, everyone remained a part of some or other game.

But, when time came for practical life, all gave up those games and didn't continue any other exercises also. If someone was eager to exercise, he began the morning walk, which did not continue after marriage. Those, who followed a proper diet and continued exercise, were envied by their friends for their health. Sometimes friends have craze for exercise, but like boiling of water it cools down in a few days. Those, who don't exercise,



became targets of various maladies. Some had backache, some blood pressure and sugar; some were fed with excess weight and obesity.

So many are the benefits of exercise, that if you realize their importance, you will never give it up.

You can control depression through exercise, your brain remains healthy, your organs function for a longer time. If you exercise, you don't get tired by any hard work and you are never short of breath. If you don't exercise, it is difficult to lift even a few kilos.

Our ancestors got health and long lives, because they continued to work hard all their lives. If today, people exercise on cycles, they used bicycles for going to work. If today morning walk is on legs, they went to work walking everyday. They worked on fields etc. and remained healthy. Today, we are restricted in offices and we go to the office on a vehicle; return home to have dinner and then sit before the TV. Whatever time is left is spent on computer. In this way, games of the open field are reducing and people have given up exercise.

If this practice continues: after some years, all of us would be victims of depression and diseases would surround us all. We should also take out some moments wasted on mobiles, cable and computer and participate in some healthy game and taste the benefits of exercise; but take care to exercise regularly, otherwise the expected benefits will not be achieved.

We pray to Allah, Mighty and High to bestow us the good sense (*Taufeeq*) to mind our health through exercise. Amen.



TOTAL

قال رسول الله ﷺ:
أَوَّلُ مَا يُسْأَلُ عَنْهُ الْعَبْدُ حُبُّنَا أَهْلَ الْبَيْتِ.

23 JULY 2016
SATURDAY

ماہ سوال
اسپر

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority		
----------	--	--



فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
4:54	6:14	12:48	7:16	7:28



TOTAL

*The Messenger of Allah (s.a.w.s.) said:
The first thing about which the servant would be questioned is the
love of us, Ahle Bayt (a.s.). (Mizanul Hikmat, Tradition 3855)*

24 JULY 2016
SUNDAY

ماہ شوال
اتوار

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:54	6:14	12:48	7:16	7:28



TOTAL

قال رسول الله ﷺ:

كُلُّ نَعِيمٍ مَسْئُولٌ عَنْهُ يَوْمَ الْقِيَامَةِ إِلَّا مَا كَانَ فِي سَبِيلِ اللَّهِ تَعَالَى.

25 JULY 2016
MONDAY١٩ ماه شوال
١٤٣٨

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					
----------	--	--	--	--	--



مغربيين	غروب آفتاب	ظهريين	طلوع آفتاب	فجر
7:28	7:16	12:48	6:15	4:55



TOTAL

The Messenger of Allah (s.a.w.s.) said: There will be interrogation about every bounty on Judgment Day, except the bounty, which is in the path of Allah, the High. (Mizanul Hikmat, Tradition 3857)

26 JULY 2016
TUESDAY

۲۰ ماہ سوال
منگل

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:55	6:15	12:48	7:15	7:27



TOTAL

قال على عليه السلام: من حاسب نفسه ربح، ومن غفل عنها خسر، ومن خاف امن.

27 JULY 2016
WEDNESDAY

٢١ ماه شوال
١٤٣٧ هـ

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					
----------	--	--	--	--	--

فجر	طلوع آفتاب	ظهريين	غروب آفتاب	مغربيين
4:55	6:15	12:48	7:15	7:27



TOTAL

Imam Ali (a.s.) said: One, who takes account of his self, will profit by it and whoever neglects it, will remain in loss; and one, who fears (Allah), would remain secure. (Mizanul Hikmat, Tradition 3852)

28 JULY 2016
THURSDAY

۲۲ ماه شوال
جمعات

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظهرین	غروب آفتاب	مغربین
	4:56	6:16	12:48	7:15	7:27

[illegible]



Who is missing? Imam (a.s.) or we? - 1

Someone inquired from Imam Ja'far Sadiq (a.s.) regarding Imam Zamana (a.s.) that what is the meaning of occultation of Imam? Imam (a.s.) replied: Remember occultation is of two kinds: but our Qaim would have occultation not in the first manner, but in the second type. The narrator asked: Maula, which occultation?

Imam (a.s.) replied: One is occultation of folks of the cave and another is that of Prophet Yusuf (a.s.). The narrator was worried and he said: I don't understand, O Imam. Imam (a.s.) said: Two incidents are mentioned in Quran. One is about folks of the cave: who are seven persons, sleeping in the cave. They are concealed for us in one place and they don't come out of there. Another is occultation of Prophet Yusuf (a.s.), in which he meets his brothers and converses with them, but the brothers don't recognize him.

In traditional reports, occultation of Imam Zamana (a.s.) is compared to incident of Prophet Yusuf (a.s.). During occultation of Imam Zamana (a.s.), one of the most important responsibilities of the awaiter is to realize that Imam Zamana (a.s.) is present among us; he is seeing us, he is not negligent of our affairs; he does not forgo our remembrance and he does not ignore those, who call him alone in troubles. He is fulfilling responsibilities of this trustworthiness in the best manner. It is we, who are lost and have forgotten Imam (a.s.) as if he is not there at all! Neither we remember him, nor talk to him, or mention our difficulties to him or endeavor to help him. May Allah bring us out of this negligence and give us decorum of knowing the rights of the living and present Imam (a.s.).



Discipline

Imam Ali (a.s.) says in his bequest to his sons, Imam Hasan (a.s.) and Imam Husain (a.s.): I advise you to organize the issues of your life. Almighty Allah has based the creation of world on a system and everything in the world depends on spending life under a fixed system. If we glance at that system, it would be felt that if any difference is made in it, the whole world can be destroyed, because it is based on action and reaction. In the same way, human life also demands the best discipline; and if this discipline is not maintained, not only individual, on the contrary, even terrible social consequences are there. Due to absence of system in worldly issues, we see people going to extremes; as a result of which, day by day, discords are increasing in society. If we think upon causes leading to delay, we would find that they are as follows:

Bequest of Imam Ali (a.s.), pondering on the universe and emphasis in Shariah of Islam itself on times of worship, is sufficient to prove the benefits of punctuality and discipline. Along with this, those, who are organized and active, as compared to others, have longer, useful and healthy life. Sloth and laziness is another important reason of being disorganized, whose result is deprivation. In the same bequest Imam Ali (a.s.) says:

“Laziness is one of the causes of deprivation.”¹

By spending his valuable life in useless pursuits, man suffers great loss. Majority of human beings are involved in this sea of laziness and sloth. They have no estimation of their lives. Remaining without preoccupation, they have lost their valuable moments. That is why how nicely the wise one of Islam suggested the way to avoid this: “Moments of leisure are like

¹ *Tohafful Uqool*, Pg. 80.



passing clouds. You must use them to your advantage.” Thus, wasting your valuable time due to disorganization is very inappropriate. If being organized is initially a difficult matter, but gradually if one contemplates on ones issues and a list is prepared of necessary daily chores and a time table is made, that difficulty can be eased to some extent. Thus, the greatest hurdle on the path of discipline is failure to differentiate between important and unimportant issues. In this regard, we are able to gain a useful hint from statement of Imam Musa Kazim (a.s.): Divide your days into four parts: one for worship, one for necessities of life, one for relatives and one for rest and family members.

If in the light of this statement, we organize the issues of our life, we can definitely become eligible to lead an organized life, which would result in not only personal, but also social benefits, through which a healthy society can be formed.



TOTAL

قال رسول الله ﷺ:
وَرَبُّهَا قَبْلَ أَنْ تُؤَزَّنُوا وَتَجْهَزُوا لِلْعَرْضِ الْكَبِيرِ.

30 JULY 2016
SATURDAY

۲۳ ماه سوال
سینچر

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority		
----------	--	--



مغربین	غروب آفتاب	ظہرین	طلوع آفتاب	فجر
7:26	7:14	12:48	6:17	4:57



TOTAL

*The Messenger of Allah (s.a.w.s.) said: **Adjudge your deeds before your deeds are adjudged (by Allah) and be prepared for an important appearance (in the court of Allah).** (Mizanul Hikmat, Tradition 3838)*

31 JULY 2016
SUNDAY

٢٥ ماه شوال
اتوار

05:00

06:00

07:00

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

22:00

23:00

24:00

Priority					ع
	فجر	طلوع آفتاب	ظہرین	غروب آفتاب	مغربین
	4:57	6:17	12:48	7:13	7:25